



—Discovering & Meeting—

The Needs of Others

LOVE LANGUAGE

NAME

DO THESE THINGS 😊

AVOID THESE THINGS ☹️



Encouraging words, appreciation and compliments. Send a text, email or card. Validate and affirm genuinely and often.

Harsh words, non-constructive criticism, not recognizing effort or saying thanks.



Uninterrupted and undivided attention, one-on-one time and meaningful conversations.

Distractions or interruptions when together, multi-tasking, electronics/technology.



Thoughtfulness, remember their favorite things, remember special occasions, give a meaningful gift just because.

Forgetting special occasions, gifts with hidden or negative agenda.



Assist with chores, serve breakfast in bed, pitch in and help. Phrases like: "How can I help..." "I would love to...for you"

Forgetting promises, over committing, selfishness, unwilling to serve.



Touch that communicates I am here and I care about you. Hugs, kisses, holding hands, foot rub, tickles and affection.

Neglect, lack of physical contact, annoying touch.